Sialens Ffitrwydd i Godi Arian i CRhA YGGG Llantrisant

Mae YGGG Llantrisant angen ein cymorth ni i godi £1000 ar gyfer offer chwarae.

Ydych chi'n barod am sialens? Pa mor bell allwch chi gerdded, seiclo neu fynd ar sgwter yn ystod gwyliau hanner tymor mis Mai? **Does dim rhaid gadael eich ardal** ond mae angen i chi wneud y pellter i'r lleoliad o'ch dewis. Dewisiwch leoliad a cheisiwch gael cymaint o bobl ag y medrwch i'ch noddi drwy y dudalen Paypal Giving a chwiliwch am YGGG LLantrisant, neu ewch i www.paypal.com/fundraiser/charity/3205611, a cherdded, rhedeg, mynd ar sgwter neu seiclo'r pellter o'ch dewis!

YGGG Llantrisant i Sain Ffagan	6.4 milltir
YGGG Llantrisant i'r Barri	10.8 milltir
YGGG Llantrisant i Benarth	13.6 milltir
YGGG Llantrisant i Fae Caerdydd	14.9 milltir
YGGG Llantrisant i Borthcawl	20.7 milltir
YGGG Llantrisant i Abertawe	33 milltir

Dewisiwch eich sialens ac yna gofynnwch i deulu a ffrindiau eich noddi drwy'r dudalen Paypal Giving. Nodwch faint o gamau neu'r nifer o filltiroedd a deithiwyd yn ddyddiol. (2,000 o gamau = milltir.)

	Cerdded 	Rhedeg 	Sgwter 	Seiclo 	Nifer o filltiroedd y dydd
Diwrnod 1					
Diwrnod 2					
Diwrnod 3					
Diwrnod 4					
Diwrnod 5					
Diwrnod 6					
Diwrnod 7					
Cyfanswm y milltiroedd dros 7 diwrnod:-					

Sialens Ddosbarth

Adiwch filltiroedd bob plentyn yn eich dosbarth. I ba ddinas neu dref gyrhaeddoch chi yng Nghymru?

Sialens Ysgol

A wnaethoch chi fedru cwblhau y llwybr arfordirol o amgylch Cymru?

YGGG Llantrisant PTA Half Term Fundraising Fitness Challenge

YGGG Llantrisant need us to help raise £1000 for play equipment.

Are you ready for a challenge? How far can you walk, cycle or scooter during the May half term holidays. **You don't need to go out of your area** but just need to cover the distance to your chosen destination. Choose a destination and then get as many people as you can to sponsor you via the Paypal Giving page, search YGGG Llantrisant, or use this link, https://www.paypal.com/fundraiser/charity/3205611, and walk, run, scooter or cycle that distance!

YGGG Llantrisant to St Fagans	6.4 miles
YGGG Llantrisant to Barry	10.8 miles
YGGG Llantrisant to Penarth	13.6 miles
YGGG Llantrisant to Cardiff Bay	14.9 miles
YGGG Llantrisant to Porthcawl	20.7 miles
YGGG Llantrisant to Swansea	33 miles

Choose your challenge and then ask family and friends to sponsor you by donating to the Paypal Giving page. Enter how many steps or the distance travelled each day. (2,000 steps = mile.)

	Walk 	Run 	Scooter 	Cycle 	Total miles for the day
Day 1					
Day 2					
Day 3					
Day 4					
Day 5					
Day 6					
Day 7					
Total miles for 7 days:-					

Class challenge

Add up the miles from every child in your class. What town or city did you get to in Wales?

School challenge

Did you manage a coastal walk around wales?