RHONDDA CYNON TAF

PICNIC
DIWRNOD VE

DIWRNOD VE - CYNRADD - DYDD GWENER 8FED MAI 2026

Dewis o Frechdanau Llenwi 50% Grawn Cyflawn (Glwten, Soia) VE

*(*Bara Di-glwten ar gael)* (wyau) V

gyda Ham,

Caws, (Llaeth) V

**Caws fegan* VE

neu Tiwna Mayo (Pysgod, Wyau)

wedi'i weini gyda salad VE

Sbwng Fictoria, (Glwten, Wyau, Llaeth, Soia) V

neu

**Cacen Di-Glwten Just Love* (wyau) V

neu

Mango Sorbet VE

neu

Darn o Ffrwyth



V Llysieuol

VE Fegan

**Mae'r cynnyrch hwn ar gyfer disgyblion sydd gyda deiet arbennig*

RHONDDA CYNON TAF

VE DAY PICNIC

PRIMARY - VE DAY - FRIDAY 8TH MAY 2026

A Choice of 50% Wholegrain Filled Sandwich (Gluten, Soya) VE

*(*Gluten-free Bread available)* (Egg) V

with Ham,

Cheese, (milk) V

**Vegan Cheese* VE

or Tuna Mayo (Fish, Egg)

Served with a side salad VE

Victoria Sponge, (Gluten, Egg, Milk, Soya) V

or

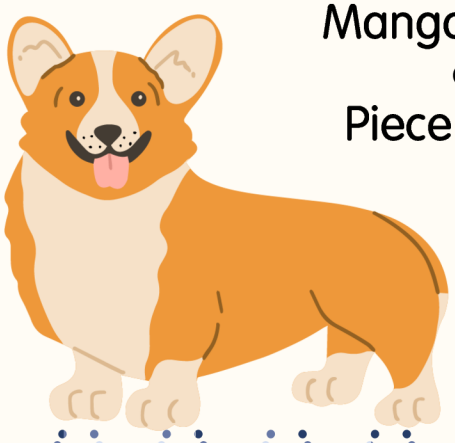
**Just Love Gluten-free Fairy Cake* (Egg) V

or

Mango Sorbet VE

or

Piece of Fruit VE





V Vegetarian

VE Vegan

**This product is for pupils requiring a special diet.*