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**Pennaeth** *Head Teacher* **Mr R O'Neil**

**29.09.26**

# **Cynhaeaf 2026** *Harvest 2026*

**Annwyl Rieni / Gofalwyr,**

**Os hoffech gyfrannu eitemau bwyd at ein casgliad ar gyfer Banc Bwyd Taf Elai, anfonwch eich rhoddion i'r ysgol erbyn 16.10.26 os gwelwch yn dda. Gofynnwn am roddion o'r eitemau a enwir uchod, os gwelwch yn dda.**

**Diolch yn fawr iawn i chi ymlaen llaw am eich haelioni a'ch cefnogaeth,**

**Pwyllgor Y Criw Cymwynasgar**



*Dear Parents / Carers,*

*If you would like to contribute towards our food collection for Taff Ely Food Bank, please send your contributions to school by 16.10.26 please. We kindly ask for donations of the items noted below, please.*

*Thank you in advance for your generosity and support.*

*The Helping Hands Committee.*



Taff-Ely foodbank
Banc Bwyd Taff-Ely

# Could you help the Taff Ely Foodbank

**The need for foodbanks has not gone away. Every time we as a team see something that could be a positive step towards the end of the need for foodbanks, like the two-child benefit cap being lifted, sadly something else has affected the cost of living prices.**



We are always well stocked at Christmas time, people think a lot at that time of year about those with less than themselves, that stock then carries over into the new year. Along with harvest time at the end of September and of course Eastertide too, people are very generous. Yet donations always go down in the summertime, yet it has been our busiest May and June since Covid.

Lots of people want to volunteer with us, mainly to help other people in their local area but also for the community aspect too. Sadly, we can only accommodate a limited number of people in the warehouse. We will update our website and social media accounts listing the volunteering opportunities when they arise in the future.

But one way to really help the foodbank and to support local people in crisis is to organize a regular collection of food. Whether that be just you, or getting people in your street, or in a community group or sports group, church or school. If you can collect food regularly say once a month or every two weeks, doesn't have to be a lot. You could bring the same few items each time. That would go a long way for us to keep our shelves stocked. We'd know then that we can be assured that your group will bring us stock along with other groups giving their regular donations.

**THE ITEMS WE NEED ARE:**

**Soup**

**Tinned Tomatoes**

**Tinned Spaghetti**

**Tinned Meat – Meatballs, Mince beef and Onion, Chicken curry, chicken casserole, Chili Con Carne, Hot Dogs, Corn Beef, Ham**

**Tinned Fish**

**Tinned Fruit – Fruit Cocktail, Pineapples**

**Tins of Custard**

**Pasta Sauce**

**Noodles/Pot Noodles**

**Squash**

**Tea**

**Milk UHT**

If you and your group could regularly donate multiples of two or three items that would really make a difference.

The warehouse is open for deliveries of donations Monday to Thursday from 10 till 1. Get in touch via email at info@taffely.foodbank.org.uk if you want to setup a regular collection with us, we can give you posters, trays and crates and organize for it to be picked up too if needed.

The need for foodbanks hasn't gone away despite what people think. The world is an uncertain place but we at the foodbank are certain to be here ready to help those who need it. Our goal is to end poverty one person at a time. Eventually, ending the need for foodbanks. We really do want to put ourselves out of a job, it doesn't need to be this way but until things change in our society we will be here ready to help.

**THANK YOU!**

Taff-Ely Foodbank
Banc Bwyd Taff-Ely
Together with Trussell